

**Individual Goal Development: Using ICF and DKM**

<p><b>Key Findings</b>          Task Analysis: _____          MS: _____          NM: _____          Sensory and Pain: _____          Other Systems: _____          Individual: _____</p>	<p>Suspected Drivers:           Limiting Factors:           Goals of Intervention:</p>
<p>Goals: Body Structure and Function: Short Term</p> <ul style="list-style-type: none"> <li>• Lessen the impact of cumulative micro-trauma due to sustained alignments or repeated movements</li> <li>• Externally support hypermobile structures in the movement system which have become the path of least resistance for ground reaction forces</li> <li>• Direct forces toward target structures to increase their relative flexibility</li> <li>• Restrict or resist motions in planes not compatible for healthy biomechanics</li> <li>• Influence neuromuscular activation patterns during gait and other weightbearing activities</li> </ul>	<p>Goals: Body Structure and Function: Developmental Kinesiopathological Model. For the patient as an <b>adult</b>:</p> <ul style="list-style-type: none"> <li>• Minimize negative sequelae of developing in the context of a pediatric health condition</li> <li>• Minimize pain</li> <li>• Maximize structural resilience of the movement system</li> <li>• Maximize neuromotor function and access to varied movement options</li> </ul>
<p>Goals: Environment: Short Term</p> <ul style="list-style-type: none"> <li>• Increase direct access to goal environments and structures</li> </ul> <p>Goals: Activities: Short Term</p> <ul style="list-style-type: none"> <li>• Improve                  Function                  Efficiency                  Safety</li> </ul> <p>Goals: Environment and Activities: Developmental Kinesiopathological Model. For the patient as an <b>adult</b>:</p> <ul style="list-style-type: none"> <li>• Maximize the environments and activities the patient can access with their movement system in the future</li> </ul>	<p>Goals: Participation &amp; Personal Factors: Short Term</p> <ul style="list-style-type: none"> <li>• Social Acceptance</li> <li>• Self-Acceptance                  Fit In                  Stand Out                  Appear Neurotypical                  Celebrate differences                  Be Cool</li> </ul> <p>Goals: Participation &amp; Personal Factors: Developmental Kinesiopathological Model. For the patient as an <b>adult</b>:</p> <ul style="list-style-type: none"> <li>• Maximize acceptance of individual differences</li> <li>• Maximize the ability to self-advocate and access appropriate resources</li> <li>• Maximize work and social engagement as an adult</li> </ul>
<p><b>Goals of Orthotic Intervention:</b></p> <p>PT's goals:</p> <p>Patient's goals:</p> <p>Family's goals:</p> <p>Other team member's goals:</p>	